

Name	Props
Balloon Cup /pyriamid	Cups and ballons
Bladder Game	Weave / volleyball – up and down weave circle arms/hoop – no hands closed fist
Dance Sequence (boots with the fur)	Make a mat – maybe twister mat
Bang game but with a ball	Ball
Rhythm in motion	Cups – sync.
Relay like lily pad game, use rope instead – hole group must fit in loop	2 x Rope.
Protective machine -	https://youtu.be/bSqvWm-la6k
Human web	Psicomotricidade 16 (youtube.com)
Self control & Patience game - be very quiet – any sound means negative points, or complaining from competing teams – they miss their turn.	Use – bell in the middle-
Run it straight – hoop game like musical chairs	Psicomotricidade 18 (youtube.com)
Building castle	Psicomotricidade 19 (youtube.com) bring your own props and keep to self.
Target practice – relay game – stacked cups	2 x nerf guns and cups
Paper rock scissors relay game, use chairs called sit down be humble	Psicomotricidade 22 (youtube.com)
Adapt to relatable music	Psicomotricidade 25 (youtube.com) add moves to a tik tok beat
Ball in bucket	Psicomotricidade 26 (youtube.com) cups and
Pain bucket. Fill then empty bucket with waters	Buckets/cups and tap.